Relax and Renew Yoga

By *shawn_hara*
Created *Jun 9 2010 - 4:30pm*
Location: Longview Yoga 2500 Judson Rd Ste G (next to Blockbuster Video)
Date: June 10, 2010
Start & End Time: 6:15pm - 7:00pm
All Day Event: No

Learn Relax and Renew Yoga with Karen Higgins. The cost is $50 and will run from June 10th to July 15th. Be sure to bring along a yoga mat and a water bottle with you. This class is for ages 13 and up. For more information, please call 903-237-1270.

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